

JASON KAUFMAN, Ph.D.

Inver Hills Community College
Fine Arts 183
2500 80th Street East
Inver Grove Heights, MN 55076-3224
Phone: 651-450-3768
E-mail: jkaufma@inverhills.edu
Website: faculty.inverhills.edu/jkaufma
Photography: picasaweb.google.com/jkpsych/Gallery

EDUCATION

- Ph.D.** in Counseling Psychology, Capella University 9/04
Advisor: Angelo Pimpinelli, Ph.D.
- Educational Leadership, Minnesota State University-Mankato 8/10-Present
Advisor: Julie Carlson, Ed.D.
Ed.D. anticipated Spring 2014
- Clinical psychology, Wisconsin School of Professional Psychology 9/97-4/00
Advisor: Robert Budny, Psy.D.
- M.S.** in Educational Psychology, University of Wisconsin-Milwaukee 12/97
Program in School Psychology
Advisor: Elizabeth Kraemmer, Ph.D.
- Studies in psychoneuroimmunology, Marquette University 1/95-5/95
Advisor: Anees Sheikh, Ph.D.
- A.B.** in Psychology with Honors, Ripon College 5/96
Advisor: Timothy Petersik, Ph.D.
- Licensed Psychologist** 10/10
State of Minnesota (LP 5303)

ACADEMIC APPOINTMENTS

- Instructor of Psychology:** Inver Hills Community College 8/05-Present
Inver Grove Heights, MN
•Tenured

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| Community Faculty: Metropolitan State University Saint Paul, MN •Research Methods in Psychology | 1/12-Present |
| Adjunct Faculty: Adler Graduate School Richfield, MN •Graduate-level Developmental Psychology | 5/06 |
| Adjunct Instructor: Inver Hills Community College Inver Grove Heights, MN •Child and Adolescent Psychology | 6/05-7/05 |
| Adjunct Online Instructor: Southern New Hampshire University Manchester, NH •Human Sexuality | 5/05-7/05 |
| Adjunct Online Instructor: Rasmussen College Minnetonka, MN •Introduction to Psychology | 1/05-4/05 |
| Substitute Instructor: Inver Hills Community College Inver Grove Heights, MN •General Psychology | 11/04 |
| Adjunct/Full-time Instructor: Saint Paul College Saint Paul, MN •General Psychology, Lifespan Psychology, Child Psychology | 1/02-8/05 |

PUBLICATIONS

Eckstein, D., & **Kaufman, J. A.** (*in press*). The role of birth order in personality: An enduring intellectual legacy of Alfred Adler. *Journal of Individual Psychology*.

Kaufman, J. A. (2010). Starting a psychology laboratory at a community college. *Association for Psychology Science Observer*, 23(5), 25-26.

Kaufman, J. A. (2007). An Adlerian perspective on guided visual imagery for stress and coping. *Journal of Individual Psychology*, 63(2), 193-204.

Kaufman, J. A. (2006). Stress and social support among online doctoral psychology students. *Journal of College Student Psychotherapy*, 20(3), 79-88.

Kaufman, J. A., Eckstein, D., & Sarnoff, D. (2005). A holistic approach to enhancing healthy coping responses to stress. *Canadian Journal of Adlerian Psychology*, 35(2), 47-56.

Lessin, A., Lessin, J., Eckstein, D., & **Kaufman, J. A.** (2005). Five ways of assessing relationship satisfaction. *The Family Journal*, 13(4), 491-495.

BOOK REVIEWS

Kaufman, J. A. (in press). Review of the book *Vital healing: Energy, mind and spirit in traditional medicines of India, Tibet and the Middle East-Middle Asia*, by M. S. Micozzi. *Advances in Mind-Body Medicine*.

Kaufman, J. A. (2011). Review of Sigurd F. Olson's three major works. Review of the books *The singing wilderness*, *Listening point*, and *Reflections from the north country*. *Ecopsychology*, 3(4), 277-278.

Kaufman, J. A. (2011). *Technology to mediate nature*. Review of the book *Technological nature: Adaptation and the future of human life*, by P. H. Kahn. *Sustainability: The Journal of Record*, 4(6), 310-311.

Kaufman, J. A. (2011). Review of the book *Technological nature: Adaptation and the future of human life*, by P. H. Kahn. *Ecopsychology*, 3(3), 217-218.

Kaufman, J. A. (2010). Review of the book *Reinventing the sacred: A new view of science, reason, and religion*, by S. A. Kauffman. *Explore: The Journal of Science and Healing*, 6(6), 389.

Kaufman, J. A. (2010). Review of the book *The end of materialism: How evidence of the paranormal is bringing science and spirit together*, by C. T. Tart. *American Journal of Clinical Hypnosis*, 53(2), 138-139.

Kaufman, J. A. (2010). Review of the book *In search of memory: The emergence of a new science of mind*, by E. R. Kandel. *American Journal of Clinical Hypnosis*, 52(3), 236-237.

Kaufman, J. A. (2009). Review of the book *The answer within: A clinical framework of Ericksonian hypnotherapy* (rev. ed.), by S. R. Lankton & C. H. Lankton. *American Journal of Clinical Hypnosis*, 51(4), 408-409.

PRESENTATIONS

Kaufman, J. A. (August 2011). *Online accessibility and ADA: Ensuring open access for our students*. Invited workshop presented at the Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

Kaufman, J. A. (April 2011). *Guided visual imagery: Learning to relax in a busy world*. Invited workshop presented at the Inver Hills Community College 2011 Faculty Retreat, Inver Grove Heights, MN.

Kaufman, J. A. (February 2011). *Building a psychology lab: How to bring psychological science to campus in four “easy” steps*. Presented at the Innovations 2011 Conference, League for Innovation in the Community College, San Diego, CA.

Kaufman, J. A., Redinger, C., & Joffee, J. (February 2011). *Online course peer reviews: What the past 3 years have taught us*. Presented at the eLearning 2011 Conference, Instructional Technology Council, St. Pete Beach, FL.

Kaufman, J. A. (October 2010). *Bootstrapping into psychological science: The Inver Hills Community College Psychology Laboratory*. Invited plenary presentation at the Metro Area Conference on Broadening Participation in Undergraduate Research, Scholarly, and Creative Activities, Coon Rapids, MN.

Knickerbocker, V., & **Kaufman, J.** (August 2010). *College within Your Reach*. Presented at the Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

Kaufman, J. A., & Ricard, D. (August 2010). *Asking the questions that thrill us: Research for all disciplines*. Presented at the Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

Kaufman, J. A., & Redinger, C. (May 2010). *Online mentoring and online course peer review*. Breakout session presented at the Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

Kaufman, J. A. (March 2010). *Psychopathology in the classroom: A primer for professors*. Paper presented at the Inver Hills Community College 2010 Faculty Retreat, Inver Grove Heights, MN.

Kaufman, J. A. (March 2009). *Teaching general psychology online: The agony and the ecstasy*. Paper presented at the annual Current Directions in the Teaching of Psychology Conference, Minnesota State Colleges and Universities Center for Teaching and Learning, Minneapolis, MN.

Kaufman, J. A. (February 2009). *Using psychophysiology laboratory activities to inspire critical thinking in general psychology*. Paper presented at the annual Realizing Student Potential Conference, Minnesota State Colleges and Universities Center for Teaching and Learning, Minneapolis, MN.

Kaufman, J. A., Knickerbocker, V., & Page, D. (February 2009). *Learning communities*. Paper presented at the annual Realizing Student Potential Conference, Minnesota State Colleges and Universities Center for Teaching and Learning, Minneapolis, MN.

Kaufman, J. A. (February 2009). *Institutional review boards at Inver Hills Community College and beyond*. Invited paper presented at the annual Prehospital Care Research Summit, Bloomington, MN.

Kaufman, J. A. (March 2008). *Taking time: An experiential workshop for mind-body health*. Paper presented at the Inver Hills Community College 2008 Faculty Retreat, Inver Grove Heights, MN.

Kaufman, J. A. (September 2007). *The tiger in the closet: Motivating student honesty in online courses*. Invited paper presented for the Inver Hills Community College Online Learning Coops, Inver Grove Heights, MN.

Kaufman, J. A. (October 2006). *Mind-Body healing*. Keynote paper presented at the Inver Hills Community College Fall 2006 Salon, Inver Grove Heights, MN.

Kaufman, J. A., & Kaufman, H. I. (March 2006). *A proposed model for a clinical psychoneuroimmunology: Healing as mind-body coherence*. Paper presented at the American Society of Clinical Hypnosis 48th Annual Scientific Meeting and Workshops on Clinical Hypnosis, Orlando, FL.

Kaufman, J. A. (June 2005). *An Adlerian perspective on guided visual imagery in stress and coping*. Paper presented at the 53rd Annual Conference of the North American Society of Adlerian Psychology, Tucson, AZ.

Kaufman, J. A. (March 2005). *The 2002 American Psychological Association Code of Ethics*. Invited presentation at the Indian Health Board of Minneapolis, MN.

Kaufman, J. A. (March 2004). *The 2002 American Psychological Association Code of Ethics*. Invited presentation at the Indian Health Board of Minneapolis, MN.

Kaufman, J. A. (February 2004). *The 2002 American Psychological Association Code of Ethics*. Invited presentation at the Metropolitan Community Mental Health Center, Saint Paul, MN.

Kaufman, J. A. (February 2003). *The 2002 American Psychological Association Code of Ethics*. Presented at the Metropolitan Community Mental Health Center, Saint Paul, MN.

POSTER PRESENTATIONS

Kaufman, J. A., Redinger, C., & Joffe, J. (August 2011). *Online course peer review and accessibility*. Invited poster presented for a Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

Kaufman, J. A., Redinger, C., & Joffe, J. (August 2010). *Online course peer review*. Invited poster presented for a Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

Kaufman, J. A. (January 2010). *The Inver Hills Community College Psychology Laboratory*. Invited poster presented for a Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

Kaufman, J. A. (May 2009). *Research: Foster a culture of inquiry at Inver Hills*. Invited poster presented for a Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

Kaufman, J. A. (January 2009). *Online course peer review*. Invited poster presented for a Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

PEER REVIEWER

Explore: The Journal of Science and Healing
Journal of Psychological Issues in Organizational Culture

PROFESSIONAL NATURE PHOTOGRAPHY

Artist of the Month. Featured series of nature photography prints. 10/08
Trotter's Art Gallery, Trotter's Café, Saint Paul, MN.

GRANTS, AWARDS, AND HONORS

MnSCU Luoma Leadership Academy. 7/11-Present
Advanced training in higher education leadership sponsored by the Minnesota State Colleges and Universities.

Nominee, MnSCU Board of Trustees Outstanding Educator of the Year. 12/10
First-round nominee on the Inver Hills Community College campus.

Minnesota State Colleges and Universities Award for Excellence. 8/08-12/08
In support of the Learning Community integrating General Psychology with Writing and Research Skills (English).

2008 Institute for Academic Innovation. 6/08
Workshop sponsored by The Collaboration for the Advancement of College Teaching & Learning.
St. Olaf College, Northfield, MN

Minnesota State Colleges and Universities Award for Excellence. 11/06-11/07
In support of the study, *Personality correlates of online student success at a community college.*

Tried & True: Investigative Psychophysiology Activities for Your Introductory Psychology Course. 7/07
Workshop sponsored by Project Kaleidoscope funded by the National Science Foundation.
St. Olaf College, Northfield, MN

Capella University

•Harold Abel School of Psychology Ideal Scholar-Practitioner Certificate of Honors 2002-2003
•Harold Abel School of Psychology Leadership Certificate of Honors 2002-2003

Ripon College

•Achievement Award in Psychology 1996
•Alumni Association Senior Award Finalist 1996
•Ripon College Chapter of Psi Chi Vice President 8/95-5/96
•Ripon College Chapter of Psi Chi 11/92-5/96
•Distinguished Honor Scholarship 1992-1994

Marquette University

•Distinguished Honor Scholarship 1992-1993

CAMPUS AND COMMUNITY SERVICE

Chair: Institutional Review Board, 8/08-Present
Inver Hills Community College

Chair: Online Course Peer Review Committee, 8/11-Present,
Invited Committee Member and Former Chair 5/08-8/10
Inver Hills Community College

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| Invited Committee Member: Institutional Research Advisory Committee, Inver Hills Community College | 4/09-Present |
| Invited Committee Member: Research across the Disciplines, Inver Hills Community College | 12/11-Present |
| Invited Committee Member: Academic Online Committee, Inver Hills Community College | 2/09-Present |
| Invited Program Member: College Within Your Reach, Collaboration with Henry Sibley High School, Inver Hills Community College | 5/08-Present |
| Invited Committee Member: Online Course Peer Review Process Committee, Inver Hills Community College 6/07-5/08 | 8/10-7/11, |
| Board Member: Institutional Review Board, Inver Hills Community College | 10/05-8/08 |
| Member: Faculty Development Committee, Inver Hills Community College | 8/05-8/08 |
| Workshop Facilitator: Faculty/Staff Professional Development Day, Inver Hills Community College | 10/06 |
| Faculty Advisor: Psychology Club, Inver Hills Community College | 11/05-5/07 |
| Invited Member: Academic Quality Improvement Program Action Project Planning Retreat, Inver Hills Community College | 7/06 |
| Grassroots Consultant: To Southeast Asian mental health care community Minneapolis-Saint Paul, MN | 10/04-12/04 |
| Member: Dakota County Truancy Task Force Apple Valley, MN | 2/01 |

PROFESSIONAL CONFERENCES AND TRAINING

- Big Data. Big Conversation: Drexel University's Journey to Meaningful Assessment.** Webinar presented by Rebecca Ingalls, Ph.D., Karen Nulton, Ph.D., and Scott Warnock, Ph.D., of Drexel University. 11/11
- AcademiX 2011: Redefining the University Experience.** Annual webinar sponsored by Apple, Inc. 4/11
- Metro Area Conference on Broadening Participation in Undergraduate Research, Scholarly, and Creative Activities.** Regional conference regarding the promotion of undergraduate inquiry across disciplines. 10/10
Coon Rapids, MN.
- Contemplative Neuroscience.** Webinar presented by Richard Davidson, Ph.D., of the University of Wisconsin-Madison for the Association for Contemplative Mind in Higher Education. 6/10
- Quality Matters 2nd Annual Conference: Improving Outcomes through Quality Standards.** Training and workshops in the implementation of the QM Rubric for evaluating online and hybrid courses. 6/10
Oak Brook, IL
- Real Learning in Virtual Worlds: Teaching in Second Life.** Webinar presented by John Orlando, Ph.D., of Norwich University. 3/10
- Current Directions in the Teaching of Psychology Conference.** Annual conference sponsored by the Minnesota State Colleges and Universities Center for Teaching and Learning. 3/09
Minneapolis, MN
- American Society of Clinical Hypnosis 48th Annual Scientific Meeting and Workshops on Clinical Hypnosis.** Participation and scientific presentation at the national conference. 3/06
Orlando, FL
- Minnesota Society of Clinical Hypnosis Intermediate Workshop.** Intermediate-level clinical hypnosis training. 6/05
Saint Paul, MN
- American Society of Clinical Hypnosis Basic Workshop.** Introductory-level clinical hypnosis training. 12/04
Orlando, FL

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| <p>Realizing Student Potential Annual Conference. Annual conference sponsored by the Minnesota State Colleges and Universities Center for Teaching and Learning. Minneapolis, MN</p> | <p>2/10, 2/09, 3/08, 3/06, 3/05, 3/04, 3/03</p> |
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CLINICAL EXPERIENCE

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| <p>Consulting Psychologist: Psychiatric Recovery Saint Paul, MN •Provision of dialectical behavior therapy (DBT) to adults diagnosed with borderline personality disorder.</p> | <p>2/05-9/05</p> |
| <p>Director of Staff Training: Metropolitan Community Mental Health Center Saint Paul, MN •Evaluation, coordination, and development of an ongoing program of staff training for a community mental health center.</p> | <p>10/04-2/05</p> |
| <p>Intern: Metropolitan Community Mental Health Center Saint Paul, MN •2,000-hour: APPIC-approved clinical psychology internship with supervision in individual therapy, group therapy, and psychological assessment to adults with Axis I and Axis II disorders. Further involvement in program development for client treatment, as well as for staff and student training.</p> | <p>9/03-9/04</p> |
| <p>Part-time Therapist: Metropolitan Community Mental Health Center Saint Paul, MN •Provided individual therapy, group therapy, and psychological assessment to adults with Axis I and Axis II disorders.</p> | <p>1/03-6/03</p> |
| <p>Practicum Student: Metropolitan Community Mental Health Center Saint Paul, MN •600 hours: Provided individual therapy, group therapy, and psychological assessment to adults with severe Axis I and Axis II disorders.</p> | <p>6/02-12/02</p> |
| <p>Adolescent and Family Therapist: LifeSpan Behavioral Health Services Eagan, MN •1,760 hours: Provided group, family, and individual therapy to adolescents, replete with case management duties.</p> | <p>6/00-2/02</p> |

- Attendee:** Dakota County Commitment to Truancy Conference 2001
Apple Valley, MN
- Practicum Student:** Wisconsin School of Professional Psychology 9/97-4/00
Milwaukee, WI
•1,321 hours: Provided individual therapy, group therapy, and psychological assessment children, adults, and senior citizens in a variety of outpatient and day treatment settings.
- Mental Health Counselor:** Charter Behavioral Health Systems 4/98-6/98
Milwaukee, WI
•Summer employment providing inpatient therapy to children, adolescents, and adults.
- Line and Acting Senior Therapist:** Autism Behavioral Network 9/97-10/98
Wauwatosa, WI
•Provision of within-home applied behavior analysis therapy to autistic children.
- Practicum Student:** Ripon College 8/92-5/96
Ripon, WI
•Broad-based experiences in special education classrooms.

TEXTBOOK REVIEWS

- Arnett, J. J. (2012). *Human development: A cultural approach* (1st ed.). New York: Pearson Allyn & Bacon.
- Belsky, J. (2006). *Experiencing the lifespan* (1st ed.). New York: Worth Publishers.
- Harwood, R. L. (in press). *Child development* (1st ed.). New York: Wiley.
- Lyons, C. A., & Martin, B. (2009). *Abnormal psychology: Clinical and scientific perspectives* (3rd ed.). Redding, CA: Best Value Textbooks Publishing.
- Meyers, D. G. (2009). *Psychology in everyday life* (1st ed.). New York: Worth Publishers.
- Morris, C. G., & Maisto, A. A. (2005). *Psychology: An introduction* (12th ed.). Upper Saddle River, NJ: Pearson Prentice Hall.
- Rosenberg, R. S., & Kosslyn, S. M. (2011). *Abnormal Psychology*. New York: Worth Publishers.

Travers, J.F., et al. (in press). *The development of children and adolescents: An applied perspective* (1st ed.). New York: Wiley.

STUDENT RESEARCH

Doctoral Research: Program in Counseling Psychology, Capella University 7/03-6/04
(advisor: Angelo Pimpinelli, Ph.D.).

- Dissertation: "Personal Perceptions of Stress and Self-perceived Need for Social Support among Doctoral Psychology Students in a Distance Education University Sample"

Undergraduate Research: Department of Psychology, Ripon College 8/93-5/96
(chair: Timothy Petersik, Ph.D.).

- Senior Seminar: "Self-Esteem Difference in Cognitively Disabled, Mainstream, and Gifted and Talented Elementary School Students"
- "Sexual Attitudes among College Students"
- "An Evaluation of Perceptions of Physical Attractiveness and Competence in the College Setting"
- "Anxiety and Visual-Motor Perception and Coordination: The Minnesota Percepto-Diagnostic Test on Men and Women"

STUDENT ACTIVITIES AND ACHIEVEMENTS

Capella University

- Resources Officer, Harold Abel School of Psychology Club 6/01-12/03

Wisconsin School of Professional Psychology

- Attended Ethics Workshops (3), West Allis, WI 11/97, 3/98, 3/99
- Attended WAIS-III/WMS-III Workshop, Brookfield, WI 5/99
- Elected Vice President, Association of Professional Psychology Students 9/97-5/99
- Elected Co-publisher, "Mentally Alert" newsletter 9/97-5/98

University of Wisconsin-Milwaukee

- Elected First-year Representative, Association of Students in School Psychology 9/96-5/97
- Director-appointed Student Representative, Hillel Foundation-Milwaukee "Imagine Israel" Board of Directors 1/95-5/95

Ripon College

- DJ, WRPN Radio Station 1/96-5/96
- Presenter, Annual Senior Psychology Symposium 4/96
- Presenter, Psi Chi/Ripon College Science and Research Symposium 3/96

- Elected Member, Senior Class Executive Committee 1/96
- Elected Vice President, Ripon College Chapter of Psi Chi 8/95-5/96
- Elected Historian, Ripon College Chapter of Psi Chi 8/94-5/95
- Elected Officer of College Relations, Lambda Delta Alpha Fraternity 8/95-5/96
- Member, Lambda Delta Alpha Fraternity 1/93-5/96
- Member, Ripon College Chapter of Psi Chi 1/93-5/96
- News Editor, *Ripon College Days* Newspaper 8/92-5/93

Marquette University

- Vice President, Marquette University Jewish Student Union 1/95-5/95
- Member, Marquette University Chapter of Psi Chi 1/95-5/95

OTHER PROFESSIONAL AND EDUCATIONAL EXPERIENCES

Consultant (Test Item Writer): Assessment Systems Corporation 10/09-Present
Saint Paul, MN

Part-time Instructor License: Minnesota State Colleges and Universities 1/03-12/04
Saint Paul, MN

Master's-level Psychotherapist Credential: Wisconsin Medicaid Program 2001
Madison, WI

Special Education Instructional Aid: Fond du Lac School District 6/94-7/94, 6/95-7/95,
Fond du Lac, WI 6/96-7/96

Research and Departmental Assistant: Ripon College Department of Psychology (advisor: Timothy Petersik, Ph.D.) 1/94-5/96
Ripon, WI

Departmental Assistant: Ripon College Department of Education 1/94-5/96
(advisor: Larry Miller, Ed.D.)
Ripon, WI

Editorial Assistant: Ripon College Office of College Relations 8/93-12/93
Ripon, WI

Peer Counselor: Ripon College Educational Development Services 8/93-12/93
Ripon, WI

CURRENT PROFESSIONAL AFFILIATIONS

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| Association for Psychological Science | 10/99-Present |
| American Society of Clinical Hypnosis | 2/02-Present |
| Society for the Teaching of Psychology | 6/10-Present |
| American Educational Research Association | 1/12-Present |