

JASON KAUFMAN

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EDUCATION

- Ph.D.** in Counseling Psychology, Capella University 9/04
Advisor: Angelo Pimpinelli, Ph.D.
- Studies in clinical psychology, Wisconsin School of Professional Psychology 9/97-4/00
Advisor: Robert Budny, Psy.D.
- M.S.** in Educational Psychology, University of Wisconsin-Milwaukee 12/97
Advisor: Elizabeth Kraemmer, Ph.D.
- Studies in psychoneuroimmunology, Marquette University 1/95-5/95
Advisor: Anees Sheikh, Ph.D.
- B.A.** in Psychology with Honors, Ripon College 5/96
Advisor: Timothy Petersik, Ph.D.

TEACHING

- Instructor of Psychology:** Inver Hills Community College 8/05-Present
Inver Grove Heights, MN
•Tenured
- Adjunct Faculty:** Adler Graduate School 5/06-Present
Richfield, MN
•Graduate-level Developmental Psychology
- Adjunct Instructor:** Inver Hills Community College 6/05-7/05
Inver Grove Heights, MN
•Child and Adolescent Psychology

Adjunct Online Instructor: Southern New Hampshire University Manchester, NH •Human Sexuality	5/05-7/05
Adjunct Online Instructor: Rasmussen College Minnetonka, MN •Introduction to Psychology	1/05-4/05
Adjunct/Full-time Instructor: Saint Paul College Saint Paul, MN •General Psychology, Lifespan Psychology, Child Psychology	1/02-8/05
Substitute Instructor: Inver Hills Community College Inver Grove Heights, MN •General Psychology	11/04

PUBLICATIONS

Kaufman, J. A. (in press). [Review of the book *In search of memory: The emergence of a new science of mind*]. *American Journal of Clinical Hypnosis*.

Kaufman, J. A. (2009). [Review of the book *The answer within: A clinical framework of Ericksonian hypnotherapy* (rev. ed.)]. *American Journal of Clinical Hypnosis*, 51(4), 408-409.

Kaufman, J. A. (2007). An Adlerian perspective on guided visual imagery for stress and coping. *Journal of Individual Psychology*, 63(2), 193-204.

Kaufman, J. A. (2006). Stress and social support among online doctoral psychology students. *Journal of College Student Psychotherapy*, 20(3), 79-88.

Kaufman, J. A., Eckstein, D., & Sarnoff, D. (2005). A holistic approach to enhancing healthy coping responses to stress. *Canadian Journal of Adlerian Psychology*, 35(2), 47-56.

Lessin, A., Lessin, J., Eckstein, D., & **Kaufman, J. A.** (2005). Five ways of assessing relationship satisfaction. *The Family Journal*, 13(4), 491-495.

PRESENTATIONS

Kaufman, J. A. (March 2009). *Teaching General Psychology Online: The Agony and the Ecstasy*. Paper presented at the annual Current Directions in the Teaching of Psychology Conference, sponsored by the Minnesota State Colleges and Universities Center for Teaching and Learning, Minneapolis, MN.

Kaufman, J. A. (February 2009). *Using Psychophysiology Laboratory Activities to Inspire Critical Thinking in General Psychology*. Paper presented at the annual Realizing Student Potential Conference, sponsored by the Minnesota State Colleges and Universities Center for Teaching and Learning, Minneapolis, MN.

Kaufman, J. A., Knickerbocker, V., & Page, D. (February 2009). *Learning Communities*. Paper presented at the annual Realizing Student Potential Conference, sponsored by the Minnesota State Colleges and Universities Center for Teaching and Learning, Minneapolis, MN.

Kaufman, J. A. (February 2009). *Institutional Review Boards at Inver Hills Community College and Beyond*. Invited paper presented at the annual Prehospital Care Research Summit, Bloomington, MN.

Kaufman, J. A. (March 2008). *Taking time: An experiential workshop for mind-body health*. Paper presented at the Inver Hills Community College 2008 Faculty Retreat, Inver Grove Heights, MN.

Kaufman, J. A. (September 2007). *The tiger in the closet: Motivating student honesty in online courses*. Invited paper presented for the Inver Hills Community College Online Learning Coops, Inver Grove Heights, MN.

Kaufman, J. A. (October 2006). *Mind-Body healing*. Keynote paper presented at the Inver Hills Community College Fall 2006 Salon, Inver Grove Heights, MN.

Kaufman, J. A., & Kaufman, H. I. (March 2006). *A proposed model for a clinical psychoneuroimmunology: Healing as Mind-Body Coherence*. Paper presented at the American Society of Clinical Hypnosis 48th Annual Scientific Meeting and Workshops on Clinical Hypnosis, Orlando, FL.

Kaufman, J. A. (June 2005). *An Adlerian perspective on guided visual imagery in stress and coping*. Paper presented at the 53rd Annual Conference of the North American Society of Adlerian Psychology, Tucson, AZ.

Kaufman, J. A. (March 2005). *The 2002 American Psychological Association Code of Ethics*. Invited presentation at the Indian Health Board of Minneapolis, MN.

Kaufman, J. A. (March 2004). *The 2002 American Psychological Association Code of Ethics*. Invited presentation at the Indian Health Board of Minneapolis, MN.

Kaufman, J. A. (February 2004). *The 2002 American Psychological Association Code of Ethics*. Invited presentation at the Metropolitan Community Mental Health Center, Saint Paul, MN.

Kaufman, J. A. (February 2003). *The 2002 American Psychological Association Code of Ethics*. Presented at the Metropolitan Community Mental Health Center, Saint Paul, MN.

POSTER PRESENTATIONS

Kaufman, J. A. (May 2009). *Research: Foster a culture of inquiry at Inver Hills*. Invited poster presented for a Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

Kaufman, J. A. (January 2009). *Online Course Peer Review*. Invited poster presented for a Inver Hills Community College Professional Development Day, Inver Grove Heights, MN.

PROFESSIONAL PHOTOGRAPHY

Artist of the Month. Featured series of nature photography prints. 10/08
Trotter's Art Gallery, Trotter's Café, Saint Paul, MN.

GRANTS AND OTHER AWARDS

Minnesota State Colleges and Universities Award for Excellence. In support 8/08-12/08
of the Learning Community integrating General Psychology with Writing and
Research Skills (English).

Minnesota State Colleges and Universities Award for Excellence. In support 11/06-11/07
of the study, *Personality correlates of online student success at a community
college*.

CAMPUS SERVICE

Chair: Institutional Review Board, 8/08-Present
Inver Hills Community College

Chair: Online Course Peer Review Process Committee, 5/08-Present
Inver Hills Community College

Invited Committee Member: Institutional Research Advisory Committee, 4/09-Present
Inver Hills Community College

Invited Committee Member: Academic Online Committee, 2/09-Present
Inver Hills Community College

Invited Program Member: College Within Your Reach, 5/08-Present
Inver Hills Community College

Invited Committee Member: Online Course Peer Review Committee, Inver Hills Community College	6/07-5/08
Board Member: Institutional Review Board, Inver Hills Community College	10/05-8/08
Member: Faculty Development Committee, Inver Hills Community College	8/05-8/08
Workshop Facilitator: Faculty/Staff Professional Development Day, Inver Hills Community College	10/06
Faculty Advisor: Psychology Club, Inver Hills Community College	11/05-5/07
Invited Member: Academic Quality Improvement Program Action Project Planning Retreat, Inver Hills Community College	7/06

PROFESSIONAL CONFERENCES AND TRAINING

Current Directions in the Teaching of Psychology Conference. Attendance at the annual conference sponsored by the Minnesota State Colleges and Universities Center for Teaching and Learning. Minneapolis, MN	3/09
2008 Institute for Academic Innovation. Participation in the workshop sponsored by The Collaboration for the Advancement of College Teaching & Learning. St. Olaf College, Northfield, MN	6/08
Tried & True: Investigative Psychophysiology Activities for Your Introductory Psychology Course. Acceptance to the workshop sponsored by Project Kaleidoscope funded by the National Science Foundation. St. Olaf College, Northfield, MN	7/07
American Society of Clinical Hypnosis 48th Annual Scientific Meeting and Workshops on Clinical Hypnosis. Participation and scientific presentation at the national conference. Orlando, FL	3/06

- Minnesota Society of Clinical Hypnosis Intermediate Workshop.** 6/05
Participation in intermediate-level clinical hypnosis training.
Saint Paul, MN
- American Society of Clinical Hypnosis Basic Workshop.** Participation in 12/04
introductory-level clinical hypnosis training.
Orlando, FL
- Realizing Student Potential Annual Conference.** Attendance of the annual 3/03, 3/04,
conference sponsored by the Minnesota State Colleges and Universities 3/05, 3/06,
Center for Teaching and Learning. 3/08, 2/09
Minneapolis, MN

OTHER RESEARCH EXPERIENCE

- Doctoral Research:** Program in Counseling Psychology, Capella University 7/03-6/04
(advisor: Angelo Pimpinelli, Ph.D.).
•Dissertation: "Personal Perceptions of Stress and Self-perceived Need
for Social Support among Doctoral Psychology Students in a Distance
Education University Sample"
- Undergraduate Research:** Department of Psychology, Ripon College 8/93-5/96
(chair: Timothy Petersik, Ph.D.).
•Senior Seminar: "Self-Esteem Difference in Cognitively Disabled,
Mainstream, and Gifted and Talented Elementary School Students"
•"Sexual Attitudes among College Students"
•"An Evaluation of Perceptions of Physical Attractiveness and
Competence in the College Setting"
•"Anxiety and Visual-Motor Perception and Coordination: The
Minnesota Percepto-Diagnostic Test on Men and Women"

CLINICAL EXPERIENCE

- Consulting Psychologist:** Psychiatric Recovery 2/05-9/05
Saint Paul, MN
•Provision of dialectical behavior therapy (DBT) to adults diagnosed
with borderline personality disorder.
- Director of Staff Training:** Metropolitan Community Mental Health Center 10/04-2/05
Saint Paul, MN
•Evaluation, coordination, and development of an ongoing program
of staff training for a community mental health center.

- Intern:** Metropolitan Community Mental Health Center 9/03-9/04
Saint Paul, MN
•2,000-hour: APPIC-approved clinical psychology internship with supervision in individual therapy, group therapy, and psychological assessment to adults with Axis I and Axis II disorders. Further involvement in program development for client treatment, as well as for staff and student training.
- Part-time Therapist:** Metropolitan Community Mental Health Center 1/03-6/03
Saint Paul, MN
•Provided individual therapy, group therapy, and psychological assessment to adults with Axis I and Axis II disorders.
- Practicum Student:** Metropolitan Community Mental Health Center 6/02-12/02
Saint Paul, MN
•600 hours: Provided individual therapy, group therapy, and psychological assessment to adults with severe Axis I and Axis II disorders.
- Adolescent and Family Therapist:** LifeSpan Behavioral Health Services 6/00-2/02
Eagan, MN
•1,760 hours: Provided group, family, and individual therapy to adolescents, replete with case management duties.
- Practicum Student:** Wisconsin School of Professional Psychology 9/97-4/00
Milwaukee, WI
•1,321 hours: Provided individual therapy, group therapy, and psychological assessment children, adults, and senior citizens in a variety of outpatient and day treatment settings.
- Mental Health Counselor:** Charter Behavioral Health Systems 4/98-6/98
Milwaukee, WI
•Summer employment providing inpatient therapy to children, adolescents, and adults.
- Line and Acting Senior Therapist:** Autism Behavioral Network 9/97-10/98
Wauwatosa, WI
•Provision of within-home applied behavior analysis therapy to autistic children.
- Practicum Student:** Ripon College 8/92-5/96
Ripon, WI
•Broad-based experiences in special education classrooms.

PROFESSIONAL AND EDUCATIONAL EXPERIENCE

Consultant (Test Item Writer): Assessment Systems Corporation Saint Paul, MN	10/09-Present
Grassroots Consultant: To Southeast Asian mental health care community Minneapolis-Saint Paul, MN	10/04-12/04
Part-time Instructor License: Minnesota State Colleges and Universities Saint Paul, MN	1/03-12/04
Master's-level Psychotherapist Credential: Wisconsin Medicaid Program Madison, WI	2001
Attendee: Dakota County Commitment to Truancy Conference Apple Valley, MN	2001
Member: Dakota County Truancy Task Force Apple Valley, MN	2/01
Special Education Instructional Aid: Fond du Lac School District Fond du Lac, WI	6/94-7/94, 6/95-7/95, 6/96-7/96
Research and Departmental Assistant: Ripon College Department of Psychology (advisor: Timothy Petersik, Ph.D.) Ripon, WI	1/94-5/96
Departmental Assistant: Ripon College Department of Education (advisor: Larry Miller, Ed.D.) Ripon, WI	1/94-5/96
Editorial Assistant: Ripon College Office of College Relations Ripon, WI	8/93-12/93
Peer Counselor: Ripon College Educational Development Services Ripon, WI	8/93-12/93

AWARDS AND HONORS

Capella University

- Harold Abel School of Psychology Ideal Scholar-Practitioner Certificate of Honors 2002-2003
- Harold Abel School of Psychology Leadership Certificate of Honors 2002-2003

Ripon College

- Achievement Award in Psychology 1996
- Alumni Association Senior Award Finalist 1996
- Ripon College Chapter of Psi Chi Vice President 8/95-5/96
- Ripon College Chapter of Psi Chi 11/92-5/96
- Distinguished Honor Scholarship 1992-1994

Marquette University

- Distinguished Honor Scholarship 1992-1993

OTHER ACTIVITIES

Capella University

- Resources Officer, Harold Abel School of Psychology Club 6/01-12/03

Wisconsin School of Professional Psychology

- Attended Ethics Workshops (3), West Allis, WI 11/97, 3/98, 3/99
- Attended WAIS-III/WMS-III Workshop, Brookfield, WI 5/99
- Elected Vice President, Association of Professional Psychology Students 9/97-5/99
- Elected Co-publisher, "Mentally Alert" newsletter 9/97-5/98

University of Wisconsin-Milwaukee

- Elected First-year Representative, Association of Students in School Psychology 9/96-5/97
- Director-appointed Student Representative, Hillel Foundation-Milwaukee "Imagine Israel" Board of Directors 1/95-5/95

Ripon College

- Elected Member, Senior Class Executive Committee 1/96
- Presenter, Annual Senior Psychology Symposium 4/96
- Presenter, Psi Chi/Ripon College Science and Research Symposium 3/96
- Elected Vice President, Ripon College Chapter of Psi Chi 8/95-5/96
- Elected Historian, Ripon College Chapter of Psi Chi 8/94-5/95
- Elected Officer of College Relations, Lambda Delta Alpha Fraternity 8/95-5/96

- Member, Lambda Delta Alpha Fraternity 1/93-5/96
- Member, Ripon College Chapter of Psi Chi 1/93-5/96

Marquette University

- Vice President, Marquette University Jewish Student Union 1/95-5/95
- Member, Marquette University Chapter of Psi Chi 1/95-5/95

PROFESSIONAL AFFILIATIONS

- Association for Contemplative Mind in Higher Education 5/08-Present
- American Society of Clinical Hypnosis 2/02-Present
- Association for Psychological Science 10/99-Present

REFERENCES

Angelo Pimpinelli, Ph.D.

Professor of Psychology
Harold Abel School of Psychology
Capella University
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Minneapolis, MN 55402
(863) 297-1010, x6222
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Daniel Eckstein, Ph.D., ABPP

Associate Professor in Counseling Education
The University of Texas of the Permian Basin
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David Sarnoff, Ph.D., ABPP

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Olga Grun, Ph.D., Psy.D.

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